

Personal Development

The Personal Development curriculum is designed to help students gain the skills, knowledge and understanding they need to lead healthy, independent lives and to become informed, active and responsible citizens.

All of our students have a Personal Development lesson during an extended form time each week, delivered by their form tutors, which covers a different topic relevant to that term's theme. The termly themes aim for all staff and students to be focusing on the same issues and ideas at the same time. This then promotes the theme school-wide and invokes conversations outside of just the Personal Development lessons in form groups.

Students are encouraged to reflect on their experiences and to recognise how they are developing personally and addressing the social, moral and cultural issues that form an intrinsic part of growing up.

Our Personal Development curriculum fully supports and incorporates age appropriate RSE [Relationships and Sex Education], PSHE [Personal, Social, Health and Education] and Careers, as well as celebrations of various local and National events such as Anti-Bullying Week, Mental Health awareness events, Black History Month and charity fundraisers.

For further information as to how we are continuing to develop our provision, please read our PSHE statement linked below.

In the academic year 2020/21, Relationships, Sex and Health Education became statutory in all secondary schools in England. This new subject will build on the non-statutory lessons we have previously taught in RSE.

PSHE Provision: PSHE Association and Wellio

RSE Provision: Ten Ten

As a Catholic school, our mission is to support the spiritual, moral, social and cultural development of all of our pupils, rooted in the wisdom and teaching of the Church. The education of children in human sexuality is an important, precious and privileged responsibility. The Church teaches us that this is very much a partnership with parents, in which parents are the 'first educators' of their children on these matters; ultimately, you confer on us the right to co-educate your children with you.

We have been researching various programmes that are available and have decided to adopt **Life to the Full** by Ten Ten Resources. Ten Ten is an award-winning Catholic educational organisation that is well-respected and very experienced in this field of work, it is used by 72% of Catholic schools in England.

Life to the Full has been approved by our diocese. Furthermore, Ten Ten have entered into a partnership with the Catholic Education Service and the Department for Education to provide training for teachers in Catholic schools on the subject of the new statutory curriculum. Therefore, we are confident that this programme is a very good fit for our school.

Through their programme, Ten Ten understand the foundational role that parents have in educating and nurturing their children on these matters. Within the programme, they have built in resources which will not only keep you informed about what is being taught in school, but will also give you the opportunity to engage your children in discussion, activity and prayer.

Throughout the academic year parents/carers will be invited to participate in a parent consultation. It will be a simple-to-follow, short online course which:

- Outlines the statutory changes that will take place.
- Articulates a vision for Catholic Relationships and Health Education.
- Explains how Life to the Full aims to help us fulfill the statutory curriculum with a Catholic ethos.
- Provides some information about key decisions we need to make, in consultation with parents.
- Answer some Frequently Asked Questions.

Information on how to take part in the consultation will be shared directly with parents/carers throughout the academic year.