

# St Paul's Academy: PSHE & Community Statement

Updated: February 2026

## Our Vision

At St Paul's Academy, our Personal, Social, Health and Economic (PSHE) provision is central to our mission to ensure every student flourishes as "**God's work of Art.**" We provide a robust, structured programme that supports our students to become independent, responsible, healthy, and confident members of society.

Our curriculum focuses on the holistic development of the "whole child"—spiritually, ethically, and intellectually—ensuring that our young people are equipped for excellence across the Academy curriculum and in their future lives.

## Delivery: The Community Programme

Our PSHE programme is primarily delivered through our dedicated **Form Time Community Programme**. This model ensures that rich learning opportunities are facilitated by Form Tutors and overseen by Heads of Year, allowing for:

- **A Safe Environment:** Topics are explored within the supportive and nurturing context of the form group.
- **Targeted Support:** Curriculum content is adaptable to tackle key issues as they arise, including responses to global events, social media trends, and local community matters.
- **Consistent Mentorship:** Students develop the resilience and lifelong skills needed to discover their identity and cope with everyday challenges.

## Curriculum Scope

Our broad PSHE curriculum ensures that student wellbeing, decision-making, and relationship management are supported from Year 7 through to Year 11.

- **Key Transitions:** Starting with secondary school orientation in Year 7.
- **Health and Wellbeing:** Managing stress, mental health awareness, and physical safety.
- **Relationships and Sex Education (RSE):** Delivered in line with National Statutory Requirements and Catholic life values.
- **Preparation for the Future:** Study skills, economic literacy, and wellbeing management for our Year 11 students.

## Partnership and Compliance

The Academy follows the **National Statutory Requirements** for our PSHE and RSE curriculum.

Our programme is designed and supported by leading national frameworks, including the **PSHE Association** and **Ten Ten**.

We maintain an active partnership with our community through:

- **The PSHE Working Party:** Regular meetings with the Senior Leadership Team.
- **Parental Consultation:** Ongoing dialogue regarding key topics, particularly our RSE provision.
- **Student Voice:** Feedback from the Student Council and Form Representatives is used to refine and enhance the programme annually.

By equipping our young people to manage the challenges and responsibilities they face in their day-to-day lives, we support them in becoming **'all that they might be.'**