

In order to find a suitable career a student will need to identify their own interests, skills, personal qualities and what will be important to them in a job. The student will then need to research opportunities. By being more self-aware and by knowing what is required for different opportunities, the student will be able to match themselves to suitable jobs.

This graph helps you to identify your interests and skills. Give a higher score, with the maximum being “10”, to those areas you enjoy the most.

Interests & Skills			
1 = really do not enjoy/really am not good at		10 = really enjoy/am really good at	
Statement:	Score: (?/10)	Statement:	Score: (?/10)
Computer Graphics		Being punctual	
Using figures		Being funny	
Using words		Caring for vulnerable people	
Negotiating		Drawing/Painting	
Working in a team		Playing music	
Following instructions		Singing	
Physical tasks		Sports	
Problem solving		Research	
Listening		Selling and marketing	
Communicating		Photography	
Being creative		Religion	
Being patient		Computer games	
Individual work		Designing websites	
Cooking		Working under pressure	
Using spreadsheets		Working with children	
Writing code		Knitting	
Leading others		Strong Work Ethic	
Repairing things		Chess	
First Aid		Analysing	
Managing money (budgeting)		Model Building	
Persuading others		Manual Dexterity	
Styling hair		Dance	

Can you think of any others?
(List them below)

1)

2)

3)

4)

5)

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Aug 2025